

HOME LEARNING/ STUDY AREA

For students to gain the maximum possible benefits from their learning at home, a special place to study is highly desirable, their brains thrive on experiencing regular patterns.

This area to study should be used only for that purpose and over time the brain will associate that place with learning and study, thus making it a habit and reducing barriers to getting started at night.

As part of the Learning Curve Program there are focuses describing a well set up study area and the conditions making it most suitable:

Middle

Home Learning Area

T.V., Music, Mobile, Chatrooms

Senior

Home Study Area

Many families find space a problem and a special study area very difficult to provide. In these cases, the best scenario is to create as many of the features for an efficient study area as possible e.g. well lit, quiet, warm, ventilated, few distractions and comfortable etc.

Studying in front of the TV or computers and listening to loud music is a total waste of time, because very little, if any, of the subject matter will be absorbed into the students' memories. Their brain's attention cannot cope with competing demands. It is a proven fact, even though our students may disagree.

Also, studying in bed is not beneficial. Firstly, the brain relates bed to sleep, not study and efficient learning and study won't occur. Secondly, studying in bed will effect sleep patterns and reduce the students' quality of health.

Should you have any queries or concerns regarding your son/daughter's progress please do not hesitate to contact his/her Year Level Co-ordinator/Advisor.

"I do not seek, I find." Pablo Picasso